

# Dress your ATTITUDE not your age!

British icon Twiggy, 64, shares her style secrets with three readers, solving their wardrobe dilemmas and explaining how to look good at any age

**I've always had my own way of dressing. Even before I was discovered in 1966, I used to make my own clothes.** I was a mod and in those days, clothes for teenagers didn't really exist so you had to make your own. I learned how to sew early on and it's still my passion now.

**I don't like it when people say, "you're 45, so you should be wearing X and never Y."** For me, dressing is about attitude, not age. Women dress for themselves and for other women – not men.

**Whatever your age, the most important thing is to wear what you feel comfy in.** Some women say they're no good at putting outfits together. But if you don't know what suits you, find a friend who will be honest – or go with your daughter. My daughter Carly, 35, and I go shopping together a lot, and we're always telling each other what works and what doesn't.

**I constantly have ideas in my head about clothes.** So when M&S suggested two years ago I do my own collection available exclusively online, I absolutely jumped at the chance. Right from the start I was very hands-on. We have monthly meetings but talk and email in-between, and I'm involved every

step of the way, from design meetings to choosing colours and fabrics. And as a result, everything I design, I wear, and I love and adore.

**I really wanted the collection to accurately reflect me.** When I first met my team, which has six people in, we sat down and talked about the kind of clothes that I like. Then I invited them to my house to show them all the clothes I adore. I have a huge vintage collection, including lots of tailored jackets from the 1940s. We had a great and exhausting day where I tried on loads of outfits to show them the kinds of shapes that I love.

**For special occasions I love pretty dresses – but nothing too frou-frou!** When I was planning my outfit for Carly's wedding last summer, I wanted something simple, chic and easy to wear. I thought of the black lace dress from my last winter collection, which was such a success. But I thought, "I can't wear grey or black to my daughter's wedding! How about hot pink?" So I mentioned it to my design team and within a week they had sent me some fabric swatches, I picked the brightest pink there was, and I had my one-off mother-of-the-bride dress

made. The wedding was in the Cotswolds and it was 84 degrees. Everyone loved my dress... and now we are launching it online in February, pictured here.

**When it comes to trying new clothes, my advice is not to take it too seriously – it's all about having fun.** I saw a woman the other day with bright red hennaed hair, who was dressed head to toe in red, from her trousers to her coat. She looked absolutely brilliant and I wanted to go and tell her so.

**We all have bits that we don't like but you don't have to be a size 10 to look wonderful.** The trick is to find the style that is right for you.



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WORDS VICTORIA YOUNG PHOTOGRAPHY BRIAN ABIS TWIGGY WEARS JACKET TWIGGY FOR M&S COLLECTION AVAILABLE EXCLUSIVELY ONLINE AT MARKSANDSPENCER.COM/TWIGGY LAUNCHES 20 FEBRUARY VEST IN TITANUM LEANS MARKS & SPENCER BARRINGS ERNEST LONES NEOLACE WRESTEN GOSS, CLIFF DOWNER & HALL PRING, ASHIANA PINK DRESS, TWIGGY FOR M&S COLLECTION TWIGGY'S HAIR MAKE-UP CHEYL PHELPS-GARDINER AT AART LONDON READERS' HAIR & MAKE-UP LIZ KITCHNER, SARAH JANE GREEN AT TFA TWIGGY'S HAIR MANAGEMENT TWIGGY'S MAKE-UP CHEYL PHELPS-GARDINER AT AART LONDON

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